



THE SCIENCE OF SELF CARE

Innovation Day Program



In Partnership
With Our
Major Sponsor



8:30am	Registration & Exhibition Open
	Session 1
9:30am	Welcome: John O'Doherty, CEO, Complementary Medicines Australia
9:40am	Gold Sponsor Welcome: Rob Tanna, CEO, Lipa Pharmaceuticals
9:45am	The rise of self-prescribing for self-care: science and safe choices Gabriella Watt, Naturopath and Nutrition Lead, Healthylife
10:05am	Scientific and evidence-based advancements in enhancing self-care through complementary medicine Dr Brad McEwen, Head of Product Development and Innovation, Complementary Medicines Group
10:25am	Wellness and Longevity – is there a role for Australian ingredients? Angelo Di Sapia, Founder and Director, Legacy Health
10:45am	Morning Tea & Exhibition
	Session 2
11:30am	Update from the TGA on new AUST L(A) evidence guidelines Ali Alaraji, Assistant Secretary (A/g) & Dr Chloe Lim, Senior Evaluator – Complementary Medicines Evaluation Section, Complementary and OTC Medicines Branch, Australian Government Department of Health and Aged Care
12:10pm	Postbiotics and Inactivated microorganisms, their definitions, challenges, and opportunities Cathy Smith, Technical Sales Director, Australia, New Zealand and South East Asia, Sacco System Australia
12:30pm	Putting the consumer at the centre of innovation Hsuen Chang, Innovation Manager & Nat Wynne, Senior Product Development Associate, Swisse Wellness
12:50pm	Networking Lunch & Exhibition
	Session 3
1:50pm	Collagen peptides, the ultimate holistic wellbeing ingredient for self-care Susan Ng, Sales Technical Manager, Rousselot
2:10pm	Nutritional Powders: Trends and Opportunities Bagila Bailkadamova, Senior Application Scientist, IFF
2:30pm	Kavaton™: A virtual tour of Piper methysticum (Kava) chemotype identity, batch conformity and safety Dr Suresh Govindaraghavan, Research & Development Manager, Network Nutrition, part of IMCD Australia Pty Ltd.
2:50pm	Harnessing the therapeutic potential of Fenugreek beyond male sexual function and physical performance Dr Adrian Lopresti, Managing Director, Clinical Research Australia. <i>Sponsored by Health Ingredients Co.</i>
3:10pm	Afternoon Tea & Exhibition
	Session 4
3:40pm	Innovation in self-care manufacturing Natasha Flynn, Business Development Manager, Lavida Pharmaceuticals
4:00pm	At the Core of Innovation: Redefining Self-Care to Meet Consumer Demands Dr Shefali Thanawala, General Manager - Medical Affairs, Nutriventia Limited
4:20pm	Innovating from the Inside Out Peter Lehrke, Founder and Managing Director, Pharma NZ Limited
4:40pm	Where complementary meets clinical: The future of preventative healthcare Dr Ben Condon, Senior Clinical Associate, Eucalyptus
5:00pm	Closing Address: Complementary Medicines Australia
	Post-Conference Networking Drinks
5:15pm	Event commence at L'Aqua, Dockside
6:00pm	Formalities
8:00pm	Event close

*Conference Speaker Program is Subject to Change